

IELTS Weekly Plan: Sample

Theme: Sports and thrill-seeking

Unit 3	Monday	Tuesday	Wednesday	Thursday	Friday
9.00 – 11.00	VOCABULARY Text p30-31 Sports LISTENING 3 Text p31 Janson Adventure Sports Centre	SPEAKING 1 Text p32-33 Discussing sport Word building: adjectives ending in ~ing/~ed Photocopiable vocab exercise, TB p136	SPEAKING 3 Text p34 Discussing the benefits of sport READING Text p35-36 Thrill-seeker experiment	READING A Stone Age approach to exercise plus vocab sheet (IELTS Practice Tests Plus p138 / W1B) SPEAKING Presentations 1	VOCABULARY Backslide: Word formation board game (p83 W1B) SPEAKING Presentations 2
Morning Break					
11.15 – 12.15	LANGUAGE FOCUS 1 Text p32, 220 Adjectives with prepositions	SELF ACCESS/ Individual Speaking Test Research Topic: Traditional Sport in student's country (W1B p20)	WRITING 1 Line graphs (FOASI Mod A p11-13/ W1B p17)	READY FOR WRITING Text p132 Tables	REVIEW Text p40-41 SPEAKING IELTS Test practice Sports (P1 & 2) (W1B p19, 71
Lunch					
1.15 – 3.15	WRITING 2 Motivation in sport (W1B p64)	READING How Much Higher? Plus vocab sheet (Cambridge IELTS 4) TUESDAY LISTENING	LANGUAGE FOCUS 2 Text p37, 221 Comparison Extend – p22-30 W1B (Murphy), p56-58 W1B	WRITING 1 Text p38-39, 206, 139 Table – participation in sports	TESTS Listening: Part 1 & Part 2 Reading: Part 3
HW	Wordlist Unit 3, p212				

Do/play/go vocab (W1B p18)

Sport discussion as backup (W1B p69)

Reading: Running on empty (W1B p65-68)