



It's Nature Baby! – Springbrook Rainforest day trip

Stroll through the ancient rainforests, under waterfalls and through caves. Swim in the rock pools and experience all that the stunning Gold-coast hinterland has to offer...

INCLUDES:

- Return transport from Brisbane
- Stunning rainforest nature walks, waterfalls and swimming holes
- Lunch and snacks
- Best of all lookout and Natural Bridge
- Stop off at the Spring-brook Fudge shop
- Awesome Adventure Dudes guide to look after you!

ITINERARY:

- Depart Brisbane Roma st, stop 125 (opposite the police station) at **8am. Please be at departure point 15 mins early.**
- Stop at the Natural Bridge- amazing cave surrounded by rainforest, which has a waterfall pouring through the roof! (1km. approx. 1hr)
- Best of all lookout – as the name suggests! For awesome photo's (approx. 30mins)
- Purling brook falls lookout. (approx. 30mins) followed by a picnic lunch
- Secret bushwalk – stroll through the rainforest and swim in the rock-pools at the bottom of a waterfall (4km approx. 2.5hrs)
- Stop off at the Fudge Shop – coffees and sweets!
- Depart Springbrook Valley approx. 4pm

WHAT TO BRING:

- **Comfortable walking shoes**
- **A water bottle**
- Bring something warm and waterproof to wear
- Camera for cool photo's
- Insect repellent
- Towel and swimmers if you want to go for a dip!
- Bring some extra \$\$\$ for the Fudge Shop
- Bring some extra snacks if you like (optional)

Contact Information: (If you need anything or for emergencies!)

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